

The National Context

Emer Begley
National Dementia Office

Irish Dementia Café Network, 25.01.2021

Dementia Prevalence

National Picture	2020	2041
National Prevalence	64,142	150,131
People aged under 65	4,434	5,021

<https://dementiaphathways.ie/resources-for-practice/dementia-prevalence>

About the NDO

- To oversee the **National Dementia Strategy's** implementation.
- Integrate different elements of the strategy into the wider health and social care system.
- To inform policy and practice on dementia care.
- Work in partnership and collaboration with key stakeholders, including people living with dementia and family carers.
- Develop evidence-base, test concepts and support innovation.

Established in 2015
following publication
of the National
Dementia Strategy

Sits within Strategy
and Planning for
Older People in the
HSE

Our vision is that people with dementia and their family carers receive the supports and services they need to fulfil their potential and to maintain their identity, resilience and dignity as valued and active citizens in society.

Small team including
General Manager;
Project Manager,
Clinical Lead to the
office and admin.
support

Priority Area in National Dementia Strategy

The Health Service Executive will develop a National and Local Dementia Care Pathway to describe and clearly signpost the optimal journey through the system from initial presentation with worrying symptoms, through to diagnosis, including levels of intervention appropriate to need at any given time.

2017 Summary of Dementia Specific Services in the Community

- The findings show that there were gaps in service provision with some areas having a Alzheimer/memory/dementia café and other areas with none.
- Low levels of early intervention for people living with dementia.
- Dementia day care was the most common service provided across the country.
- Low (growing) levels of dementia inclusive activities – with centres of activities.

Tool to Support Service Development

Needs Analysis Framework :

- Support services that are currently in place for people with dementia and their family carers;
- Development of services that fit with the needs and preferences of people with dementia and their family carers;
- Addressing gaps in existing provision;
- Identification of key priority areas

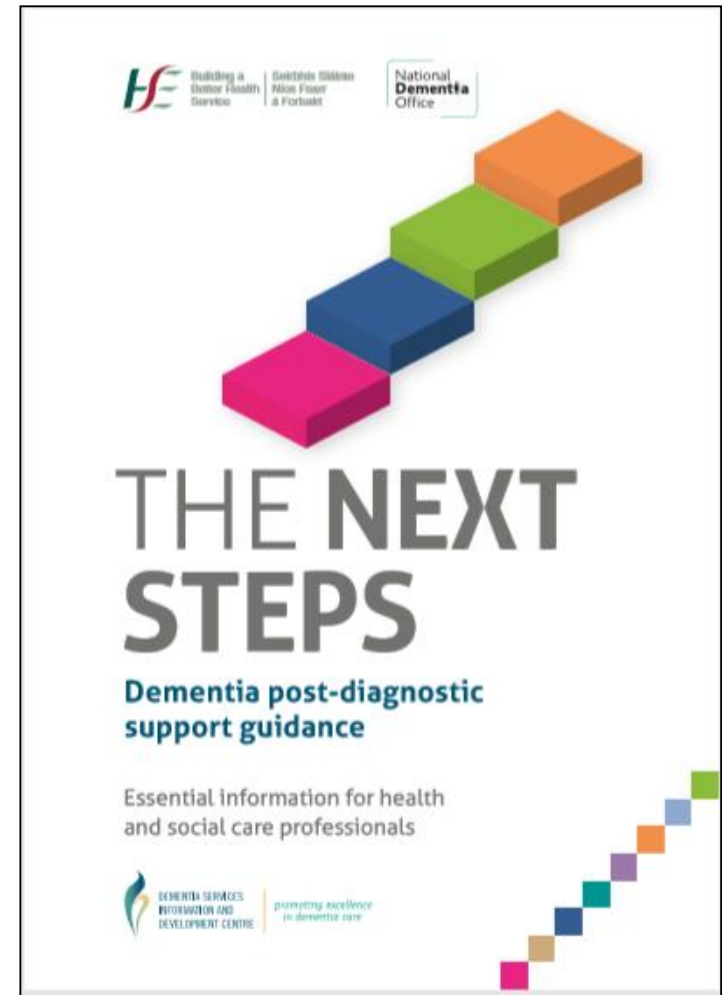
Outlines Six Steps to developing services for people living with dementia



Guidance Documents

As an early intervention provides:

- An overview of the evidence on good practice relating to psycho-education programmes for people with dementia and carers;
- Practical considerations on how to run programmes;
- Suggestions for session content;
- Considers self-management where early diagnosis is made and where emotional and psychological support is available.



Post-diagnostic Supports and Services



Dementia Advisers, increased to 18 DAs

Memory Technology Resource Rooms, 27 MTRRs



**Memory Technology
Resource Room**

Dementia Café's



Understand Together in Communities

Programmes and interventions, Cognitive therapies; psychosocial interventions

Community & Voluntary Sector, Social clubs; befriending; peer support; carer support/training etc.



Memory Technology Resource Room

Memory Technology Resource Rooms

HSE MTRRs – updated March 2019

CHO 1 – 3 Locations

- Leitrim – St Patrick's CH
- Cavan – PCC, Drumalee
- Donegal – Letterkenny

CHO 2 – 3 Locations

- Mayo – St. Mary's Castlebar
- Roscommon – Boyle PCCC
- Galway – DCC, Loughrea

CHO 3 – 2 Locations

- Clare – St Joseph's Ennis
- Limerick – St Camillus CH

CHO 4 – 3 Locations

- Kerry – Tralee DCC
- Cork – Mallow PCCC
- Cork – Kinsale PCCC

CHO 9 – 2 Locations

- Willow Day Hospital, Dublin 9
- St. Mary's Hosp, Phoenix Park D20 (not open)

CHO 8 – 5 Locations

- Louth – Netwell Centre Dundalk
- Louth – Health Centre Drogheda
- Meath – Day Hospital Navan
- Laois/Offaly – Portllington PCC
- Longford/Westmeath – Mullingar PCC

CHO 7 – 1 Location

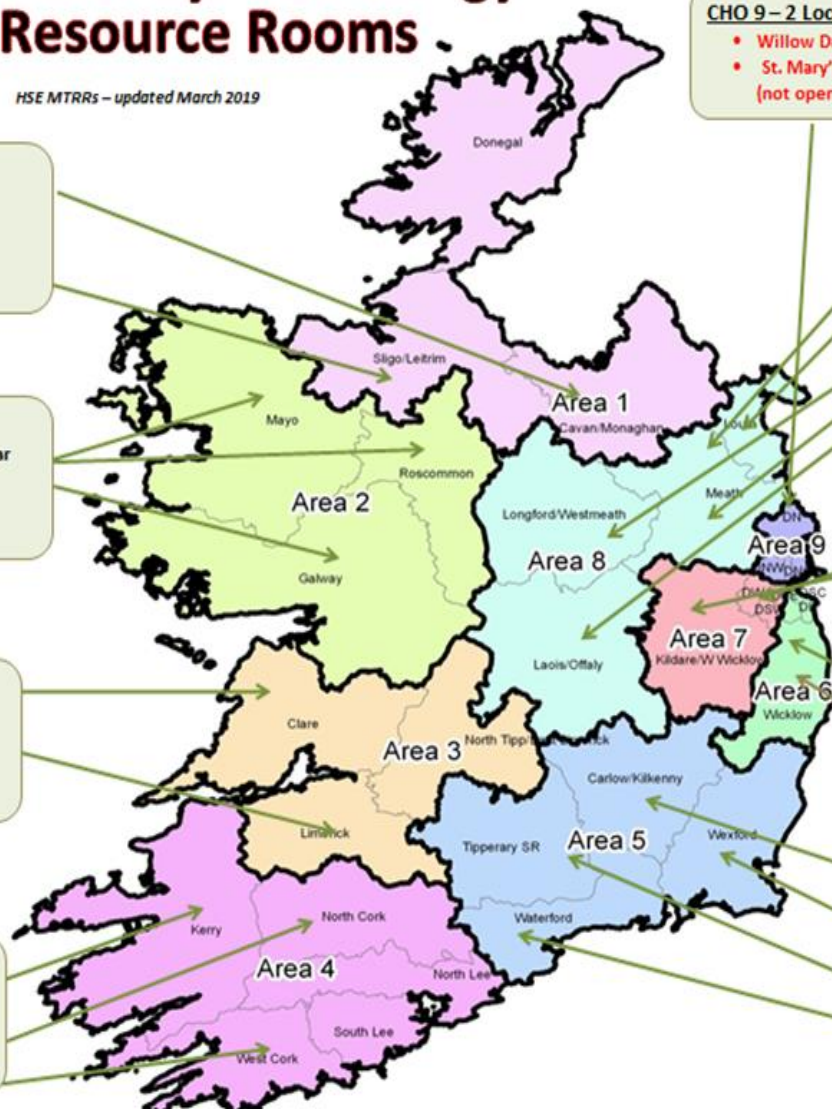
- Dublin West – Ballyfermot PCC
- 7 x Outreach Kits

CHO 6 – 2 Locations

- Dublin South – Clonskeagh
- Co Dublin – St. Columille's

CHO 5 – 5 Locations

- Kilkenny – St. Columba's Hosp
- Carlow – Sacred Heart Hosp
- Tipperary – STGH Clonmel
- Waterford – St Patrick's Hosp
- Wexford – DCC, New Ross



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dementia

understand together

www.understandtogether.ie



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



THE ALZHEIMER
SOCIETY OF IRELAND



We are growing a **movement** of
people taking action

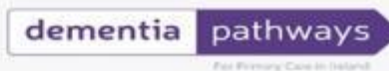
to create **understanding and inclusive
communities**

where people with dementia and their families are
respected, supported and connected.





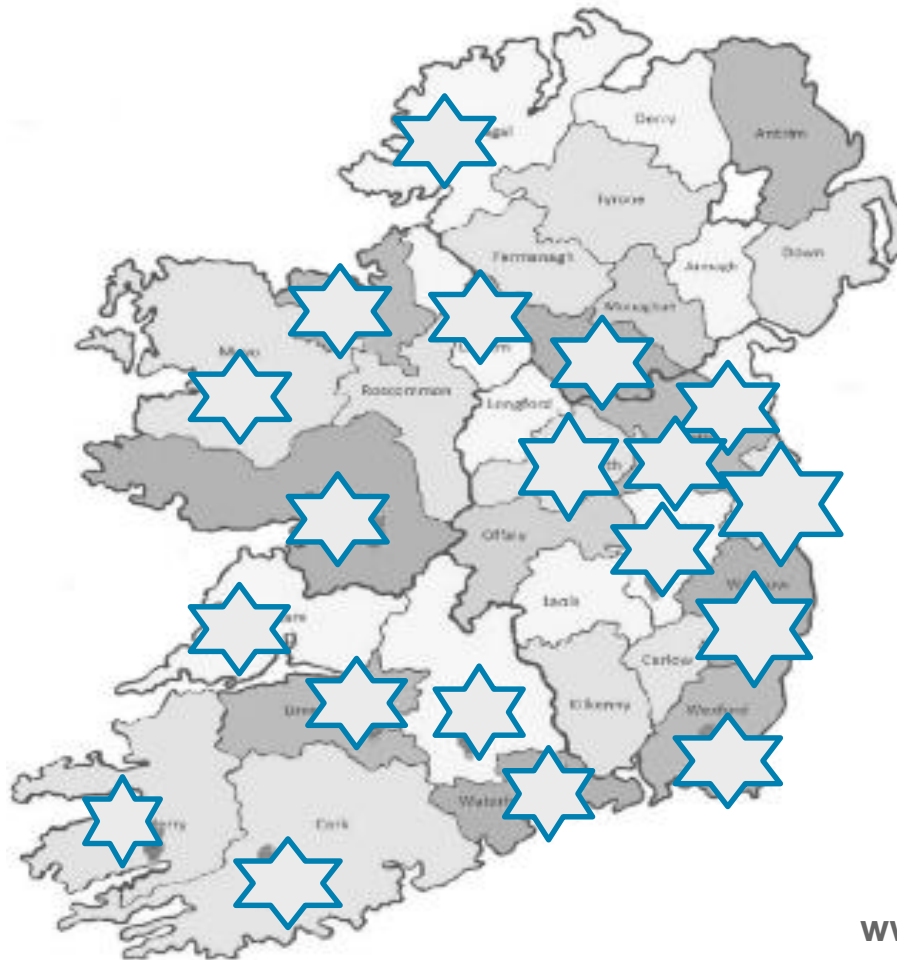
promoting excellence
in dementia care



IMMA



Growing Community of Champions



www.understandtogether.ie

Training

Learn and Lunch sessions (50 min)

- Background to Campaign
- Facts and Figures around dementia

Learn Listen Link (1 hour online)

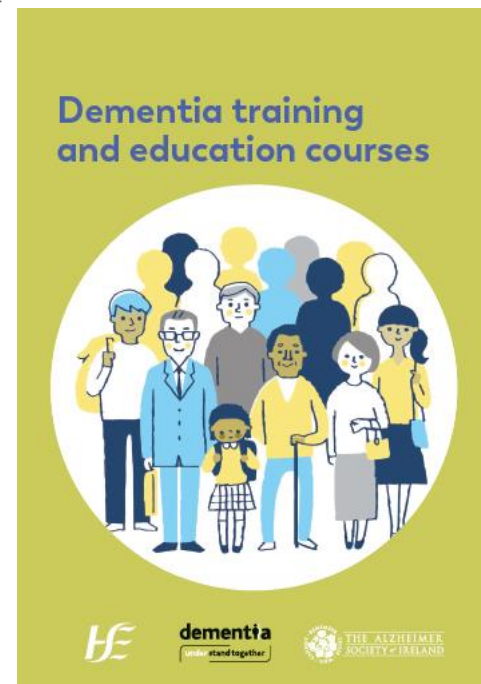
- Dementia awareness and understanding
- Practical things we can do to support a person with dementia and their families

Inclusive Design (1 hour online)

- Design for people with physical, cognitive and sensory impairments
- Examples of inclusive design

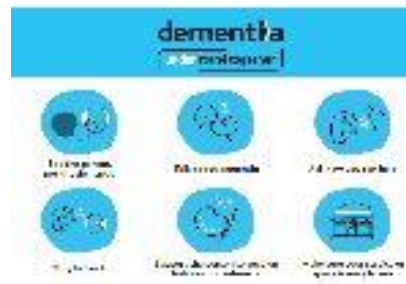
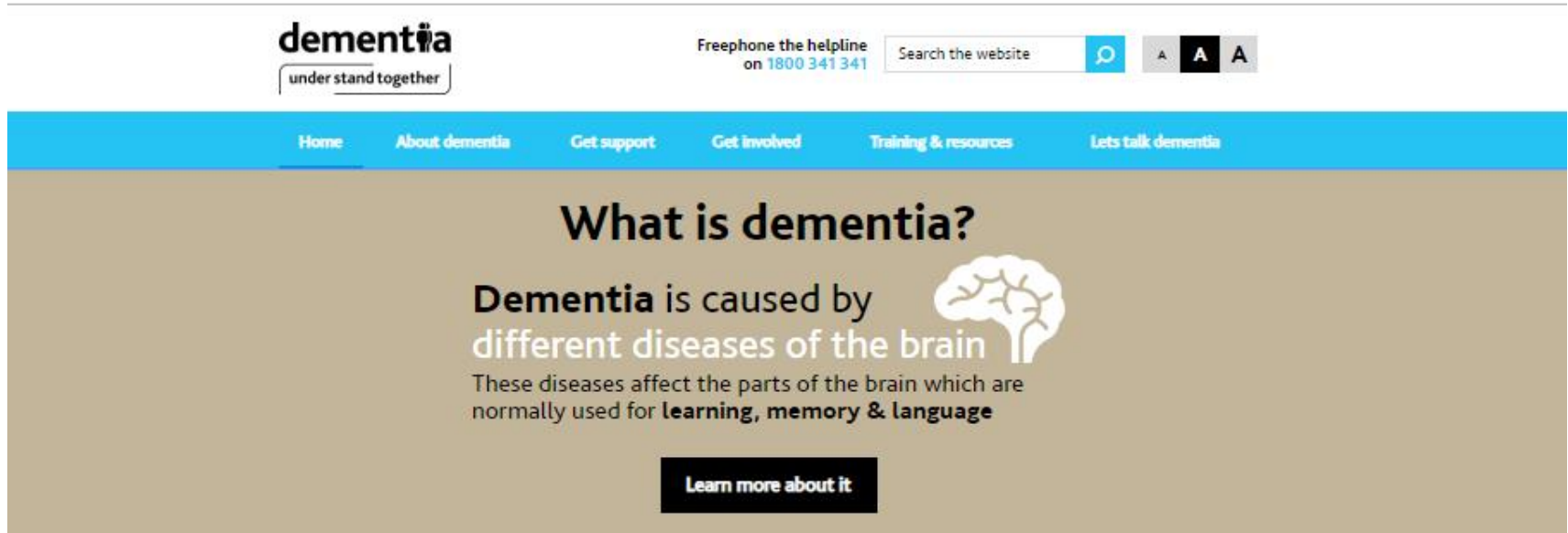


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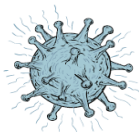


Content for Training Platforms

Website and Materials



COVID Support Materials



Coronavirus (COVID-19)

A collection of online resources
for people with dementia,
families and carers



National
Dementia
Office

DSiDC
Dementia Services Information
and Development Centre



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Weekly Activity Planner
for people with dementia,
families and carers

National
Dementia
Office

DSiDC
Dementia Services Information
and Development Centre



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At Home Activities

A selection of meaningful activities for people
with dementia, families and carers



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www.understandtogether.ie

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Get in
touch