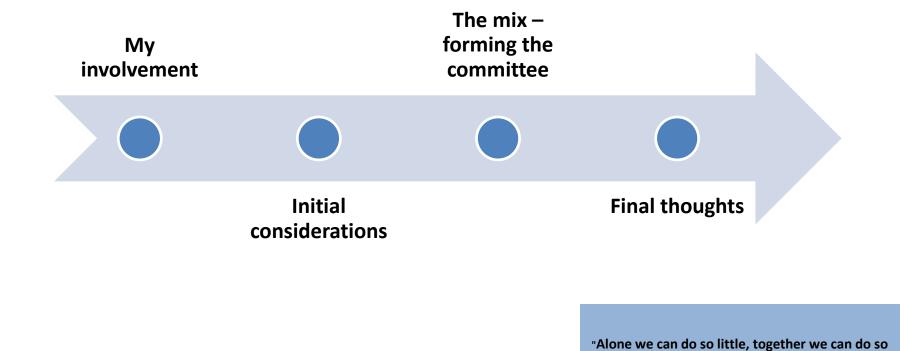


The Steering Committee

My experiences: a personal reflection on tips and points to consider!

Dr Louise Daly
Associate Professor in Ageing and Community Nursing
At: Engaging Dementia How to set up a Dementia Café Workshop
25/01/21

What I will cover



much"

(Helen Keller).

My involvement

My background

Committee member on two cafes

South County Dublin Alzheimer Café

The Alzheimer Café
South County Dublin

Kildare Alzheimer Cafe



Involved since 2012



Initial considerations

(Pre-planning and during committee formation)



Join the Dementia Cafe Network



Attend another café or cafés – why?

- To see how it is done
- Get a feel for the process
- To grow confidence

Talk with another/other committee(s)

- why?
- To make contacts
- Adds to confidence
- Access advice
- Share ideas
- Support each other

Local knowledge





The Dementia Café four pillars (Engaging Dementia 2021)



For me these pillars are as central to the working of the Café committees as they are to the Café!

The mix – forming the committee!





Establishing purpose –
 the what?

• The four Dementia Café Pillars and associated principles!



2) Committee membership – the who?

- Those with experience of dementia
- Health and social care professionals with dementia experience
- Volunteers
- Community champions
- Advocacy organisations
- Those who want to become involved commitment and passion!
- Those who can commit their time

The committee process – my learning!



Committee meetings

Communication plan for 1. advertising the Café and 2. communication with potential attendees

Steering committee communication

Annual Meeting –

- Formal/structured with minutes
- Division of committee roles
- Space and insurance for in person Dementia Cafés / Licences for online platform if needed
- Planning for each café topic & division of roles during Cafés
- Refreshments
- Shorter pre-café more regular committee meetings
 - Social and addressing any emergent considerations
- Advertising each Café's topic area
- Contingency communication in the event a Café has to be cancelled
- +/- Ascertaining attendees topic interest
- GDPR considerations
- For regular and ad hoc communications
- Steering committee rota
- Back-up plan in the event those on the rota can't attend

My final thoughts

I have:

- Learned more than I have contributed.
- Become a part of a vibrant and inclusive community.
- Become more familiar with my local community and what it offers.
- Gained new skills and been brave!
- Met new people and laughed!
- Seen the Dementia Café movement grow from single unconnected Cafes to a more and more connected, citizen and principle driven movement.

Central to all of my experiences above is the role, functions and membership of the Dementia Café Steering Committee.



"Coming together is a beginning. Keeping together is progress. Working together is success."

(Henry Ford)

Thank you
Louise Daly
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